

**Test Bank**  
to accompany  
***Essentials of Nursing Research: Appraising Evidence for Nursing Practice, Tenth Edition***  
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**Chapter 1, Introducing Nursing Research for Evidence-Based Practice**

Format: Multiple Choice

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Difficulty: Moderate

Integrated Process: Communication and Documentation

Objective: 01

Page and Header: 2, The Importance of Research to Evidence-Based Nursing

1. Which group is **best** served by the development of a rigorous base of evidence for nursing practice?

- A) Nursing administrators
- B) Practicing nurses
- C) Nurses' clients
- D) Nurse researchers

Ans: C

**Feedback:**

Nurse leaders have recognized the need to base specific nursing decisions on trustworthy evidence indicating that the decisions are clinically appropriate, cost-effective, and result in positive outcomes for their clients. Nursing groups benefit from nursing studies, but it is nurses' clients themselves who benefit most because research-based evidence can improve their health and health-related quality of life.

Format: Multiple Choice

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Apply

Difficulty: Moderate

Integrated Process: Nursing Process

Objective: 01

Page and Header: 2, What Is Nursing Research?

2. Which is an example of a *clinical* nursing research question?

- A) What percentage of nurses have a master's or doctorate degree?
- B) What factors contribute to clients' risk of falling during a hospitalization?
- C) In what ways do nursing students benefit from a course on evidence-based practice?
- D) What course of action do nursing students pursue when faced with a moral dilemma?

Ans: B

**Feedback:**

The answers to clinical nursing research questions have the potential to improve the health and well-being of nurses' clients. Clinical nursing research questions focus directly on clients' needs, experiences, and health behaviors, and answers to such questions can inform nurses' decisions or lead to strategies to improve nursing practice. Researchers also study nursing education, but questions about nursing education, as exemplified in the other questions, would not be considered *clinical* nursing research questions.

Format: Multiple Choice

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Understand

Difficulty: Easy

Integrated Process: Nursing Process

Objective: 01

Page and Header: 2, The Importance of Research to Evidence-Based Nursing

3. Which goal is the highest priority for research in the nursing profession?

- A) To generate evidence to inform nurses' decisions and actions
- B) To conduct research focused on the context of nursing practice
- C) To document the role that nurses serve in society
- D) To establish priorities for areas of study by nurse researchers

Ans: A

**Feedback:**

Nurses are increasingly undertaking clinical research, and practicing nurses are expected to base their practice on evidence from research. Evidence-based practice involves the use of the best evidence in making patient care decisions and typically comes from research conducted by nurses and other health care professionals. The other answers are possible goals for the nursing profession, but none is as high a priority as developing rigorous evidence for practice.

Format: Multiple Choice

Chapter: 1

Client Needs: Safe and Effective Care Environment: Management of Care

Cognitive Level: Understand

Difficulty: Moderate

Integrated Process: Nursing Process

Objective: 01

Page and Header: 2, The Importance of Research to Evidence-Based Nursing

4. In several countries, research in health care settings has come to play an important role in the nursing profession with respect to:

- A) providing opportunities to serve on important government policy-making boards.